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Colonoscopy – SUTAB Instructions

APPOINTMENT INFORMATION

Patient Name: _____

Date: _____

Time: _____

Cancellation Policy

Scheduling procedures requires careful planning between the staff, doctors, and facility. Please be compliant with and on-time for your appointment. If you must reschedule or cancel, please contact us at least **1 day prior to procedure**. Failure to do so will incur **A FEE OF \$100**.
 Thank you for your cooperation.

1 WEEK PRIOR

- Fill your prescription for SUTAB at the pharmacy.
- Arrange for a driver to take you home on the day of the procedure.
- If you have diabetes, check with your doctor regarding diet and medication instructions.
- Avoid all seeds, popcorn, multigrain breads, high fiber vegetables, and fruits.
- Stop Fiber Supplements, Vitamin E, and Iron containing supplements (example: Ferrous Sulfate)

Medications to be DISCONTINUED

- **All Blood thinners** should be discussed with your prescribing doctor. (Coumadin, Plavix, Eliquis, Effient, Brilinta, Xarelto, Arixtra, Lovenox, Pradaxa, Fragmin). You can **CONTINUE Aspirin 81 mg** unless instructed by your doctor.
- **STOP 1 WEEK PRIOR:** Semaglutide (Ozempic, Wegovy), Mounjaro, Zepbound, Trulicity, Victoza, Bydureon BCise
- **STOP 1 DAY PRIOR:** Rybeslsus, Saxenda, Byetta, Adlyxin

1 DAY PRIOR

- Start a clear liquid diet in the morning.
 - **NO SOLID FOOD ALL DAY** (No breakfast, lunch, or dinner)
 - **NO DAIRY PRODUCTS**
 - **NO RED or PURPLE FOOD COLORING**

Clear liquids include: Broths, Water, Clear fruit juices (apple), Soda, Gatorade, Jell-O, Popsicles, Black Coffee or Tea

- At **5PM (PART 1):** Take 12 tablets (1 tablet every 5 minutes) with 16-ounces of water and finish within 1 hour. In addition, drink 32-ounces of water over the next 1 hour.
- At **9PM (PART 2):** Take the rest of 12 tablets and please repeat the same instruction as (PART 1) then drink clear liquids until midnight.

NOTHING TO EAT OR DRINK AFTER MIDNIGHT PRIOR TO THE PROCEDURE.

PROCEDURE DAY

- You may take your morning medications (**High Blood Pressure and Thyroid**) with a small sip of water.
- If you have asthma, please bring your inhaler with you.
 - **NO CHEWING GUM or SUCKING ON HARD CANDY**

A RESPONSIBLE ADULT MUST ACCOMPANY ALL PATIENTS THE DAY OF THE PROCEDURE. NO PATIENT SHOULD DRIVE ON THE DAY OF THE COLONOSCOPY.