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Colonoscopy – SUPREP Instructions

APPOINTMENT INFORMATION

Patient Name: _____

Date: _____

Time: _____

Cancellation Policy

Scheduling procedures requires careful planning between the staff, doctors, and facility. Please be compliant with and on-time for your appointment. If you must reschedule or cancel, please contact us at least **1 day prior to procedure**. Failure to do so will incur **A FEE OF \$100**.
Thank you for your cooperation.

1 WEEK PRIOR

- Fill your prescription for Suprep at the pharmacy.
- Arrange for a driver to take you home on the day of the procedure.
- If you have diabetes, check with your doctor regarding diet and medication instructions.
- Avoid all seeds, popcorn, multigrain breads, high fiber vegetables, and fruits.
- Stop Fiber supplements, Vitamin E, and Iron containing supplements (example: Ferrous Sulfate)

Medications to be **DISCONTINUED**

- **All Blood thinners** should be discussed with your prescribing doctor. (Coumadin, Plavix, Eliquis, Effient, Brilinta, Xarelto, Arixtra, Lovenox, Pradaxa, Fragmin). You can **CONTINUE Aspirin 81 mg** unless instructed by your doctor.
- **STOP 1 WEEK PRIOR:** Semaglutide (Ozempic, Wegovy), Mounjaro, Zepbound, Trulicity, Victoza, Bydureon BCise
- **STOP 1 DAY PRIOR:** Rybeslsus, Saxenda, Byetta, Adlyxin

1 DAY PRIOR

- Start a clear liquid diet in the morning.
 - **NO SOLID FOOD ALL DAY** (No Breakfast, Lunch, or Dinner)
 - **NO DAIRY PRODUCTS**
 - **NO RED or PURPLE FOOD COLORING**

Clear liquids include: Broths, Water, Clear fruit juices (apple), Soda, Gatorade, Jell-O, Popsicles, Black Coffee or Tea

- At **5PM (PART 1)**: pour one 6 oz bottle of SUPREP into the mixing container then fill the container up to the 16-ounce line with water. **DRINK ALL THE LIQUID** in the container. In addition, drink 32 oz of water over the next 1 hour.
- At **9PM (PART 2)**: please repeat the same instruction as (PART 1)

NOTHING TO EAT OR DRINK AFTER MIDNIGHT PRIOR TO THE PROCEDURE

PROCEDURE DAY

- You may take your morning medications (**High Blood Pressure and Thyroid**) with a small sip of water.
- If you have asthma, please bring your inhaler with you.
 - **NO CHEWING GUM or SUCKING ON HARD CANDY**

A RESPONSIBLE ADULT MUST ACCOMPANY ALL PATIENTS THE DAY OF THE PROCEDURE. NO PATIENT SHOULD DRIVE ON THE DAY OF THE COLONOSCOPY.