



Igor Grosman, DO; F.A.S.G  
 Alexander Brun, MD  
 Prateek Chapalamadugu, MD  
 Nancy Chen, MD  
 Konstantin Peysin, DO  
 Yevgeniy Mikityanskiy, DO

Board Certified in Gastroenterology & Hepatology  
 E – Mail: [info@TriboroughGI.com](mailto:info@TriboroughGI.com), [www.TriboroughGI.com](http://www.TriboroughGI.com)

|   |   |   |   |   |  |
|---|---|---|---|---|--|
| <b>Main Office</b><br>1672-1674<br>Sheepshead Bay Rd<br>Brooklyn, NY 11235<br>T- (718) 332 - 0600 | <b>Endoscopy Center</b><br>214 Avenue P<br>(West 6 <sup>th</sup> & 7 <sup>th</sup> St)<br>Brooklyn, NY 11204<br>T- (718) 339 - 5678 | <b>Mount Sinai<br/>Hospital Brooklyn</b><br>3201 Kings Highway<br>Brooklyn, NY 11234<br>T- (718) 951 – 2801 | <b>New York Community<br/>Hospital</b><br>2525 Kings Highway<br>Brooklyn, NY 11229<br>T- (718) 692-5343 | <b>Staten Island Office</b><br>2076 Hylan Blvd, Suite#2<br>Staten Island, NY 10306<br>T- (718) 987-1700 | <b>Statcare</b><br>2063 Bartow Ave<br>Bronx, NY 10475<br>T- (718) 332 - 0600 |
|---|---|---|---|---|--|

**Colonoscopy - MoviPrep**

**APPOINTMENT INFORMATION**

Patient Name: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Time: \_\_\_\_\_

**Surgical Center Appointment Cancellation Policy**

We **require** that you give our office **24 Hours'** notice in the event that you need to **reschedule your appointment**. This allows for other patients to be scheduled into that appointment. If you miss an appointment without contacting our office within the required time, this is considered a missed appointment. **A FEE OF \$100 WILL BE CHARGED TO YOU.**

**MOVIPREP INSTRUCTIONS:**

**One day before colonoscopy: NO SOLID FOOD (NO BREAKFAST, LUNCH, or DINNER).**

You must maintain a clear liquid diet the entire day. Clear liquids include: broths, water, clear fruit juices (apple or white), soda, Gatorade, Jell-O, popsicles. Coffee or tea (no milk or cream). You may use sugar or lemon. Please do not have any dairy products, orange juice or **ANYTHING RED.**

**Beginning at 5pm the day before colonoscopy:**

- **Step 1:** Empty 1 Pouch A and 1 Pouch B into the disposable container. Add water (or Iced Tea) to the top line of the container. Mixed to dissolve.
- **\*\*Suggestion:** Mix solution ahead of time and refrigerate prior to drinking. (Must use the solution within 24 hours.)
- **Step 2:** The Movieprep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 Oz), until the full liter is complete.
- Drink 16 Oz of the clear liquid of your choice.

**Beginning at 9pm the day before colonoscopy:**

- **Step 1:** Empty 1 Pouch A and 1 Pouch B into the disposable container. Add water (or Iced Tea) to the top line of the container. Mixed to dissolve.
- **\*\*Suggestion:** Mix solution ahead of time and refrigerate prior to drinking. (Must use the solution within 24 hours.)
- **Step 2:** The Movieprep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 Oz), until the full liter is complete.
- Drink 16 Oz of the clear liquid of your choice.

**Day of Colonoscopy:** Remember

- Nothing to eat or drink before the exam!!!

**\*\* A responsible adult should accompany all patients the day of the procedure. No patient should drive the day of the colonoscopy.\*\***

**\*\*\*NOTE: ALL PATIENT'S MUST DO COVID-19 SWAB TEST 5 DAYS BEFORE PROCEDURE DATE\*\*\***