

Main Office 1672-1674 Sheepshead Bay Rd Brooklyn, NY 11235 T- (718) 332 - 0600	Endoscopy Center 214 Avenue P (West 6 th & 7 th St) Brooklyn, NY 11204 T- (718) 339 - 5678	Mount Sinai Hospital Brooklyn 3201 Kings Highway Brooklyn, NY 11234 T- (718) 951 – 2801	New York Community Hospital 2525 Kings Highway Brooklyn, NY 11229 T- (718) 692-5343	Staten Island Office 2076 Hylan Blvd, Suite#2 Staten Island, NY 10306 T- (718) 987-1700	Statcare 2063 Bartow Ave Bronx, NY 10475 T- (718) 332 - 0600
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Colonoscopy – Citroma

APPOINTMENT INFORMATION

Patient Name: _____

Date: _____

Time: _____

Surgical Center Appointment Cancellation Policy

We **require** that you give our office **24 Hours'** notice in the event that you need to **reschedule your appointment**. This allows for other patients to be scheduled into that appointment. If you miss an appointment without contacting our office within the required time, this is considered a missed appointment. **A FEE OF \$100 WILL BE CHARGED TO YOU.**

CITROMA INSTRUCTIONS:

1 WEEK PRIOR:

- Fill your prescription for Magnesium Citrate and Dulcolax
- If you have diabetes, check with your doctor regarding diet and medication instructions.
- Please **DISCONTINUE** iron supplements and blood thinners (**Coumadin, Eliquis, Plavix, etc**) **after discussion with your doctor**
- **DO NOT** STOP ASPIRIN unless doctor told you to do so.

1 DAY PRIOR:

- 1) Stay on a clear liquid diet. **NO SOLID FOOD (BREAKFAST, LUNCH, or DINNER)**. Clear liquid includes: (Water, Apple Juice, Ginger Ale, Coffee & Tea (**No Milk, No Creamer**), Gatorade & Jell-O (**NO RED OR PURPLE COLORING**), **NO ORANGE JUICE**)
- 2) At 3:00 PM, take 2 Dulcolax Tablets and 1st bottle of Magnesium Citrate (Citroma).
- 3) At 6:00 PM, take 2 Dulcolax Tablets and 2nd bottle of Magnesium Citrate (Citroma).
- 4) At 9:00 PM, **NO** Tablets and take the 3rd bottle of Magnesium Citrate (Citroma).
- 5) Nothing is to be taken after **MIDNIGHT** prior to the procedure.

The Morning of the Procedure:

- If medications (**High Blood Pressure**) need to be taken in the morning, take them with a sip of water
- No driving within 24 hours after the examination.

Note: If you are on any blood thinning or arthritis medication, you must notify the doctor.

Compliance Notice:

- **Follow doctor's instructions carefully. If you do not, the procedure may be cancelled or repeated.**

** A responsible adult should accompany all patients the day of the procedure. No patient should drive the day of the colonoscopy.**

*****NOTE: ALL PATIENT'S MUST DO COVID-19 SWAB TEST 5 DAYS BEFORE PROCEDURE DATE*****